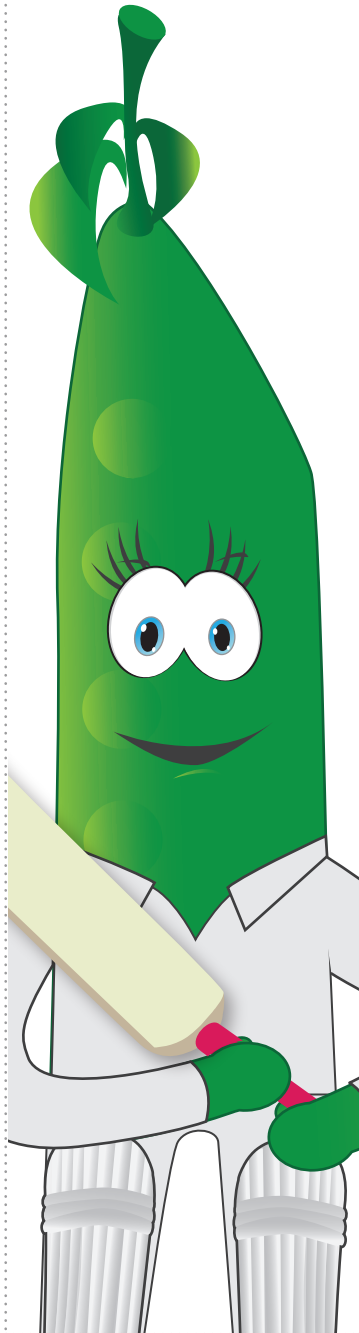


STEP 1

Cut along the dotted lines.
(Take care when using scissors!)



Sophie



Strawberry Surprise

Make sure you get your parent or guardians permission before you make this recipe! Also don't forget to always wash your hands before you prepare or handle food!

What you'll need!

2 cups milk
250g of strawberries
1/2 cup strawberry yogurt or plain yogurt

How to make them!

1. Pour milk into blender
2. Wash strawberries and remove stalks
3. Put the strawberries into a blender
4. Add Strawberry Yogurt or plain yogurt.
5. Put the lid on the blender. Blend until smooth.

Makes 4 cups.



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STEP 2

Fold the bookmark in half.
Glue or sticky tape the inside.